OBLANO GR MEXICAN RESTAURANT

ESPECIALES

Served with rice, black beans, sour cream & pico, garnished with cilantro
Taco al Carbon*
Two grilled steak or chicken soft tacos, tender strips with cheese
Beef, chicken & spinach crispy fried flautas
2 mild chilies, stuffed with cheese, topped with sauce & cheese\$12.99 Tamale Platter
2 homemade tamales of the day topped with sauce & cheese
Grilled steak, sauteed onions & peppers, topped with sauce & cheese,
served with one cheese enchilada\$13.99 Chicken Cancun
Grilled chicken topped with sauce & cheese

Sizzling chicken with onions, mushrooms & cheese in sauce with 2 flour tortillas..... \$12.99

Pollo Poblano

Sizzling chicken strips in Poblano sauce (a creamy sauce with roasted Poblano peppers & mushrooms in red wine) with 2 flour tortillas... \$13.99

Shrimp Poblano Sizzling shrimp in Poblano sauce (a creamy sauce with roasted

Poblano peppers & mushrooms in red wine) with 2 flour tortillas. Grill Combo Grilled chicken, steak & shrimp in sizzling pan, with onions, peppers & tomatoes. Served

with flour tortilla..... Jesty Salmon*

Salmon strips in a sizzling pan cooked in jesty sauce of garlic & jalapeno butter with 2 flour tortillas.. Shrimp Tequila

Generous portion of shrimp with seasonal vegetables, cheese, sauces, & dash of tequila...\$15.99 Veggie Combo

Spinach enchilada, chili rellano & bean taco...... \$12.99 3 Shrimp Tacos... \$14.99

KIDS' MENU

Served with fries or rice

Fajita	
Chicken or steak	\$8.99
Burrito	
Beef, chicken, or bean	\$4.45
Enchilada	
Beef, chicken, cheese, or spinach	\$4.45
Taco	,,,,,,,,,
One hard or soft taco - chicken, beef, or beans with lettuce and cheese	\$3.95
Hot Dog	//////////////////////////////////////
Chicken frank	\$3.95
Cheese Quesadilla	
Jack & Cheddar Cheese	\$4.45
With Fajita Chicken	\$5.99
Chicken Tenders	
Two chicken tenders	\$5.99
Burger	
Beef burger with lettuce & tomato	\$4.45
Double Burger	

\$4.95
\$4.95
\$4.95
\$5.45

COMBINACIONS

One item from each category, served with rice, beans, lettuce, pico, sour cream & cilantro

Taco

Chicken, ground beef, shredded beef, refried beans

Vegi Combo

Spinach Enchilada, chili rellano & bean taco

Enchilada

Chicken, ground beef, cheese, onions & spinach

Burrito

Chicken, ground beef, shredded beef, refried beans

Flauta

Chicken & beef & spinach

Tamale

Of the day

Chili Rellano

Cheese

2	! items	\$10.99
3		\$12.99



*Consuming raw or undercooked animal foods may increase your risk of contracting foodborne illness, especially if you have certain medical conditions.

A LA CARTE

A LA CANTE	
Taco	
Steak or chicken fajita taco	\$4.45
Ground beef, shredded beef, chicken, or beans	\$2.99
Flauta	
Shredded beef, chicken, or spinach & cheese	\$2.99
Enchilada	
Ground beef, chicken, or cheese	\$3.99
Burrito or Chimi	
Ground beef, shredded beef, chicken, or beans	\$6.99
Mexi Cheesy Fries	
Wedge fries topped with American cheese	\$6.99
Chimi	
Chicken Fajita	\$6.95
Steak	\$795
Side of guacamole	\$2.00
Side of guacamole Side of sour cream	\$0.95
Extra guac or sour cream	\$0.50

DRINKS	
Smoothies	
Strawberry, Raspberry, Pineapple, or Many	go\$3.95
Horchata	\$2.99
Tamarindo	\$2.99
From the Fountain	•
Coke, Diet Coke, Sprite, Orange, Root Beer	; Iced Tea\$2.49
Fresh Drinks	
Coffee, Hot Tea	\$2.45
Milk, Chocolate Milk	\$2.99
Juices	
Apple, Orange	\$2.95
Bar Menu Available	



2060 Yellow Springs Rd, #108 • Frederick, MD 21702 • 301-620-7736 • 301-620-7774 Fax Business Hours | Sun-Thurs: 11am to 9pm • Fri & Sat: 11am to 10pm

POBLANO GRILL MEXICAN RESTAURANT

APERITIVOS

Garnished with fresh cilantro

Fresh Guacamole Dip\$5.95
Queso Dip
Special cheese, tomatoes, onions, peppers, cilantro & special spice
Stuffed Jalapeno
Choice of 4 chicken or spinach jalapenos, served with sour cream\$7.45
Chicken Flauta
3 flautas stuffed with chicken & cheese, served with sour cream\$7.45
Chicken or Beef Nachos
Topped with beans, cheese, jalapenos, cilantro, olives, pico, & sour cream\$7.45
Sampler Suprema
Beef, chicken & bean nachos, chicken flautas, spinach jalapenos & cheese quesadilla, with cilantro and pico, served with sour cream and guacamole
Nachos Grande Beef, chicken, beans, pico, olives, jalapenos, and sour cream\$7.95
Deer, Critickers, Dearts, pico, Olives, Jaiaperios, and Sour Cream

QUESADILLAS

 Two flour tortillas, with cheese, onion, tomatoes, peppers, and pico, served with sour cream

 Fajita Chicken
 \$8.99

 Steak
 \$9.99

 Shrimp
 \$11.99

 Cheese
 \$7.99

 Veggie - Broccoli, Cauliflower, Zucchini, Peppers, Onions
 \$8.45

 Poblano Grilled Chicken with Poblano Peppers
 \$9.45

SOPAS

Served in cup with crisp white chips

Chicken & Vegetables	\$4.99
Black Bean	\$4.99
Chili con Carne	\$4.99

ENSALADAS

Crispy shredded lettuce served in a tortilla shell with choice of sour cream, ranch or Italian dressing. Garnished with jalapeno, olives, cilantro & pico

Italian dressing. Garnished with jalapeno, olives, cilantro & pico
House Salad
Lettuce, onions, peppers, tomatoes, cheeses & cilantro\$5.99
Taco Salad
Ground beef, shredded beef, chicken or refried beans\$7.99
Fajita Salad
Choice of chicken or steak over lettuce, cheese, jalapeno & pico
Chicken\$8.99
Steak\$9.99
Chipotle Steak Salad
Lettuce & rice topped with chipotle steak, onions and peppers\$9.99
Chipotle Shrimp
Lettuce & rice topped with shrimp, onions and peppers\$11.99
Grilled Chicken Salad\$9.99
Lettuce & rice topped with chicken, onions and peppers
Arroz con Pollo
Lettuce, rice, chicken, sour cream, pico, jalapeno, black olives & cilantro\$8.99
Super Salad
Iceberg lettuce, chicken, beef, rice, black beans, guacamole, pico, corn, cilantro, NO SHELL \$10.99







FAJITAS

Add baby spinach...

Sizzling fajita w/onions, tomatoes, peppers, served with rice, cheese, lettuce, three flour tortilla, pico & sour cream and garnished with fresh cilantro

Veggie Fajita - Broccoli, Cauliflower, Zucchini, Onior	
Chicken Fajita	
Steak Fajita	\$13.99
Steak & Mushroom Fajita	\$14.99
Chicken & Shrimp Fajita	\$14.99
Combo Fajita - Steak & Chicken	
Baja Shrimp Fajita	
Salmon & Mango Fajita	
Supreme - Chicken, Steak & Shrimp	
Add chipotle	\$1.00
Add chicken	
Add steak	\$2.50 per ounce
Add shrimp	\$1.00 each

CHIMICHANGAS

OTTIMITOTIVITO/10	
Flour Tortilla rolled & crispy fried, served with rice, refried beans, cheese, lettuce, pico &	sour cream
Casa Chimi - Ground beef, shredded beef, chicken, beans or vegetable Macho Chimi - Ground beef, chicken, beans & cheese	
Chicken	
Steak	\$12.99
Chipotle Fajita Chimi - Steak & chicken fajita with onions, peppers, cheese & ch Chicken	\$12.99
Steak	
Shrimp Fajita Chimi - Shrimp fajita with onions, peppers, cheese & chipotle sauce Steak and Shrimp	
Chicken and Shrimp	\$13.99
Add cheese, sauce	\$2.00

PLATTERS

BURRITO

Rolled Flour tortilla topped with sauce & cheese, served with rice, beans, lettuce, pico & sour cr	ream
Shrimp & Chicken Burrito\$13	3.99
Casa Burrito - Beef, chicken, bean or vegetable\$10	0.99
Carne Burrito - Beef topped with chili con carne, melted cheese, lettuce, and tomato \$1	
Fajita Burrito - Chicken, steak, or shrimp with onions, peppers, cheese & salsa ranchero s	auce
Chicken\$1	1.99
Steak\$12	2.99
Shrimp	1.99
Burrito Gordo - Beef, chicken, beans, rice, lettuce, and pico\$1	1.99
Supreme Fajita Burrito - Shrimp, chicken, steak, onions and peppers \$15	5.99
Texas Burrito - Steak & Chicken (Spicy), onions and peppers with chipotle sour cream\$13	3.99
Steak Fajita Burrito - Steak with fresh baby spinach, cheese, onions and peppers \$12	2.99
Steak and Shrimp\$14	4.99
Add baby spinach\$	1.00

ENCHILADAS

Topped with sauce & cheese, served with rice, beans, lettuce, pico & sour cream

Choice of beef, chicken, cheese & onion, spinach & cheese, or shredded beef
Dos (2)
Tres (3)
2 Veggie Enchiladas\$10.99

TACOS (SOFT OR HARD)

IACOS (SOFT ON HAND)	
3 tacos with lettuce, cheeses & tomato served with rice, beans, p	ico & sour cream
Choice of ground beef, shredded beef or chicken	\$10.99
2 Tilapia Fish Tacos with corn tortilla, lettuce, and pico	\$11.99
3 Shrimp Tacos	\$14.99

POBLANO GRILL MEXICAN RESTAURANT

LUNCH MENU

Served Monday-Friday, 11am-3pm

COMBINATIONS

One item from the following four categories, served with refried beans, rice, cheese, lettuce, pico & sour cream

Taco or Burrito - Chicken, beef or beans

Enchilada - Chicken, beef, cheese or spinach

Flautas - Chicken, beef & spinach

Fajita - Taco Chicken or steak

1 item	\$6.99
2 items	\$7.99
3 Tacos - Beef or chicken	\$8.99
1 Taco Tilapia	\$5.95

LUNCH PLATTER

One item from each category, served with rice, beans, lettuce, pico, sour cream & cilantro

Sunshine Burrito - Ground beef, shredded beef, chicken or beans, with chili & cheese
Arroz con Pollo - Rice, chicken, sour cream, pico, cheese, lettuce, jalapenos, black olives & cilantro\$7.99
Luncheon Chimi - Beef, chicken, or bean. Served with rice, pico & sour cream\$7.99
Macho Nacho - Beef, chicken & beans with cheese, olives, jalapeno, pico, cilantro & sour cream
Taco Salad with Iceberg Lettuce
Beef, chicken or bean with cheese, pico, olives, and jalapenos in a taco shell
Fajita chicken with cheese, onions, peppers, olives, jalapenos, and pico in a taco shell\$8.99
Steak with cheese, onions, peppers, olives, jalapenos, and pico in a taco shell\$9,99
Fajita Sizzling Lunch with onions, peppers, cheese, lettuce & tomato - served with rice and 2 flour tortillas
Chicken\$8.99
Steak
Shrimp
Steak and Shrimp
Veggie Fajita\$7.99

LUNCH SPECIALS

All items come with rice, bean s, sour cream, lettuce, and pico

2 Shrimp Tacos
I Corn Tortilla Grilled Chicken Taco
Style 1 Chili Rellenos
1 Tamale
Shrimp Chimi \$10.99
Steak Chimi
Chicken and Shrimp Chimi\$10.99

A LA CARTE

Taco - Ground beef, shredded beef, chicken or beans	\$2.99
Flauta - Shredded beef, chicken, or spinach & cheese	\$2.99
Enchilada - Ground beef, chicken, cheese, or spinach	\$4.99
Taco Fajita (Chicken or Steak)	\$4.50
Steak Chimi Fajita	
Chicken Chimi Fajita	\$6.99
Burrito or Chimi - Ground beef, shredded beef, chicken or b	
Mexi Cheesy Fries - Wedge fries topped with American che	

SIDES

SIDES	
Fries, rice, or beans	\$3.99
Planton	\$2.99
Guacamole	
Sour cream	\$0.95
Black Beans	\$4.99
Rice with chicken or chili	\$5.99
Flour Tortilla (each)	\$0.25

VISA





LUNCH MENU, CONTINUED Served Monday-Friday, 11am-3pm

QUESADILLAS

Two flour tortillas, with cheese, onion, tomatoes, peppers, and pico, served with sour cream

Fajita Chicken	\$8.99
Fajita Chicken	\$9.99
Steak	\$11.99
Shrimp	¢700
Cheese	
Veggie - Broccoli, Cauliflower, Zucchini, Peppers, Onions	\$8,45
Poblano Grilled Chicken with Poblano Peppers	\$9.45
Add baby spinach	\$1.00